

Office of the Capital Defender  
123 W. Main St., Suite 601  
Durham, NC 27701  
(919) 360-6010  
March 29, 2021

To Whom it May Concern:

It is with great pleasure that I find myself writing this letter of recommendation for Susan Seahorn. I would like to tell you a little about myself to give you some context on how I know Ms. Seahorn. With that context, I hope you will find my recommendation meaningful and compelling.

I am a criminal law attorney with over twenty years of experience in both New York City and North Carolina courts. My career began as a prosecutor in Brooklyn, NY where I served for five years litigating various criminal cases in criminal courts at the juvenile, misdemeanor, and felony level. In 2004, I moved to North Carolina where I continued my career as a prosecutor in Orange County for the next thirteen years serving as the senior prosecutor for that office for approximately nine of those years. In 2017, I became an Assistant Capital Defender, defending indigent clients charged with First Degree Murder throughout central North Carolina. This is my current position.

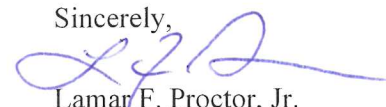
During my thirteen years in Orange County as a prosecutor, I routinely litigated cases against Ms. Seahorn. I have tried three felony trials against her including a six-week long felony child abuse case involving twelve expert witnesses. I have seen her litigate misdemeanors, low-level felonies, and high-level felonies including child sex offenses, sexual assaults, drug cases, etc. Ms. Seahorn is a consummate attorney, always prepared, and a formidable opponent in the courtroom. She has never failed to zealously defend her clients both in and out of court. She is always prepared and gives no ground at trial unless it is a strategical advantage for her client. I can honestly say that if I were ever charged criminally in North Carolina, I would want Ms. Seahorn to be my trial attorney.

Even with her zealous advocacy in the courtroom, Ms. Seahorn remains professional and polite outside of the courtroom. Over the years, I have become friends with Ms. Seahorn and have learned that she possesses wide-ranging knowledge on various topics, is a voracious reader, and is a consummate international traveler. In many ways, Ms. Seahorn is a renaissance person that is rarely met with these days.

Since I became an indigent defense attorney, Ms. Seahorn has been an invaluable asset for consultation on my cases. I have routinely consulted with her on First Degree Murder cases to obtain her advice as to investigation, motions, litigation, plea offers, and trial strategy. Her insights and experience have always proven to be important and helpful to my cases. I can think of few attorneys who could provide better consultation on all criminal cases including felony sex offenses, homicides, violent crimes, felony child abuse, and property crimes.

If you need additional information or have any questions, please do not hesitate to contact me.

Sincerely,



Lamar F. Proctor, Jr.  
Assistant Capital Defender